Ballarat Health Services
Putting your health first

Grampians Regional Continence Service

Children's Bowel Chart

Ur No: _____

Surname: _____

Given Names: _____

DOB: _____

Date: ____/____/_____

type 1	looks like: rabbit droppings Separate hard lumps, like nuts (hard to pass)	type 5	looks like: chicken nuggets soft blobs with clear cut edges (passed easily)
type 2	looks like: bunch of grapes Sausage-shaped but lumpy	type 6	looks like: porridge Soft blobs with clear-cut edges (passed easily)
type 3	looks like: corn on cob Like a sausage but with cracks on its surface	type 7	looks like: gravy Watery, no solid pieces ENTIRELY LIQUID
type 4	looks like: sausage Like a sausage or snake, smooth and soft	The concept by Professor DCA Candy and Emma Davey, based on the Bristol Stool Form Scale produced Dr KW Heaton, Reader in Medicine at the University of Bristol 2005 Norgine Limited manufacturer of MOVICOL - half	

Type of Bowel Action
Use appropriate number from chart (1 - 7)
Amount: S = Small **M** = Medium L = Large
Continent: Did you make it to the toilet in time
Comments: Have you taken bowel medicine, what type, amount

Date	Time	Type of Bowel Action	Amount	Continent Yes / No	Comments

Date	Time	Type of Bowel Action	Amount	Continent Yes / No	Comments