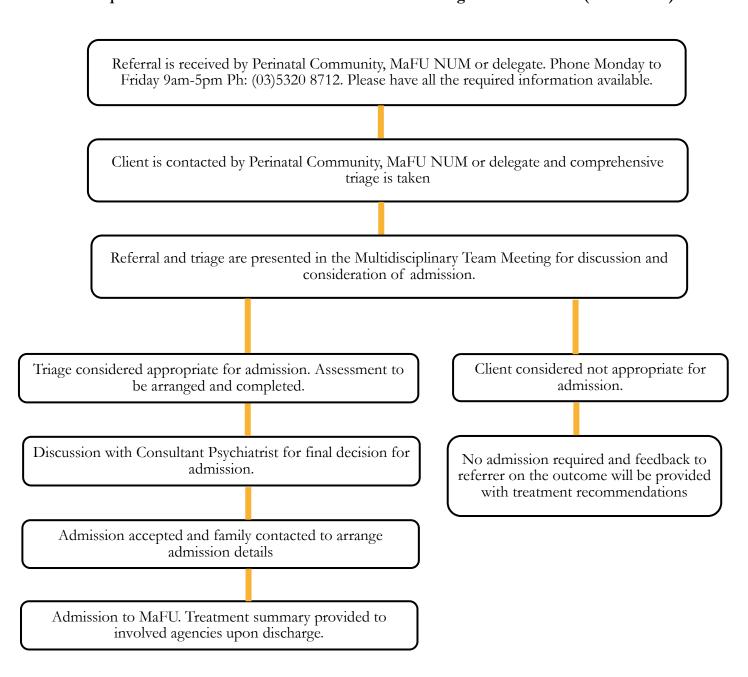


The Mother & Family Unit Ballarat Health Services Referral Pathway Flowchart

The Mother & Family Unit is a non-crisis service.

If your referral requires an urgent or immediate response please contact Ballarat Mental Health Services Triage on 1300 661 323 (24hr service).





The Mother & Family Unit Ballarat Health Services Helpful Information for Referrals

To help us determine whether an admission may be appropriate, please provide the following information at time of referral;

DEMOGRAPHICS:

- Full name & DOB of parent and infant
- Current residential address and contact numbers
- Contact details for NOK/carer/nominated family member
- Family details including older sibling's names and ages.

PRESENTING PROBLEMS:

- Current symptoms mood, anxiety, negative thoughts, motivation, self-care, appetite & sleep
- Social stressors financial, family violence, relationships, level of support at home
- Level of attachment and bonding

PARENT INFORMATION:

- Mental health history
- Medical history including obstetric if relevant
- Current medications prescribed
- Supports social
 - professional CAFS, CPU, private psychologist, psychiatrist
- Risk factors self harm, harm to others, harm to infant, domestic violence, aggression, drug or alcohol use, forensic history

INFANT INFORMATION (if known):

- Growth and development
- Sleep
- Feeding
- Relationship difficulties
- Medical history
- Current medications prescribed

ADMISSION CRITERIA:

- The parent or infant has a mental health concern, or is at risk of developing a mental illness given the presence of clinically significant vulnerabilities.
- There is an associated functional impairment as a result of a mental illness.
- The family would benefit from an intensive daily program of biopsychosocial treatment for the mental illness and parent-infant relationship, in an inpatient setting.
- There are no acute symptoms (psychotic symptoms) and/or significant safety/risk issues which may compromise the safety of the mother, infant or others in the MaFU environment.

Ballarat Health Services
Mother and Family Unit
28-34 Pleasant Street South,
Newington, Ballarat
Ph: (03) 5320 8712
Referrals from 9am-5pm Monday - Friday